

We need to talk about.... racism & migration



We want to help you have the difficult conversations with friends, family, neighbours and workmates about the far-right and anti-immigrant attitudes that many of us find hard.

We believe conversations matter to keep our region free of hate. We are having those conversations with friends, neighbours, workmates, and family.

Here are a few tips to help:

1) Arm yourself with facts but convey emotion with personal stories – while facts are important, people connect with them because of emotion. Support your facts with human stories. When you're talking to someone who sees other people's lives as less valuable than their own, the first step is trying to build empathy.

2) If they're misinformed, gently question their sources
Better to express your surprise and open a conversation gently about fake news. Empathise on how easy it is to believe headlines and how hard to find authentic information. Share factchecker websites.

3) Ask open-ended questions and listen to their responses

You need to understand where they are coming from. Ask, "What bothers you most about that issue?" Engage with the real concerns underlying their fears.

4) Stay calm

The argument might feel personal, but it's really about the bigger goal of encouraging your friend/relative not to lose sight of the other humans involved. If they get angry, stay calm. Remember that you love them. If you get angry, they win.

5) Don't argue to win

It might feel like the most important argument in the world, but sowing seeds of doubt is better than make someone defensive. You may not convince them totally, but they might be slower to share far-right content later on. View each conversation as a step on a longer journey.

**You can download our leaflets and posters
to help share the message
and start those conversations from any of
our social media platforms**

Stand with us.

Fingal Communities Against Racism represents Fingal residents who value the strength of our diverse communities and our neighbours, friends and colleagues of various nationalities, ethnicities, religious and cultural backgrounds who have chosen to make Fingal home. #FingalTogether

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